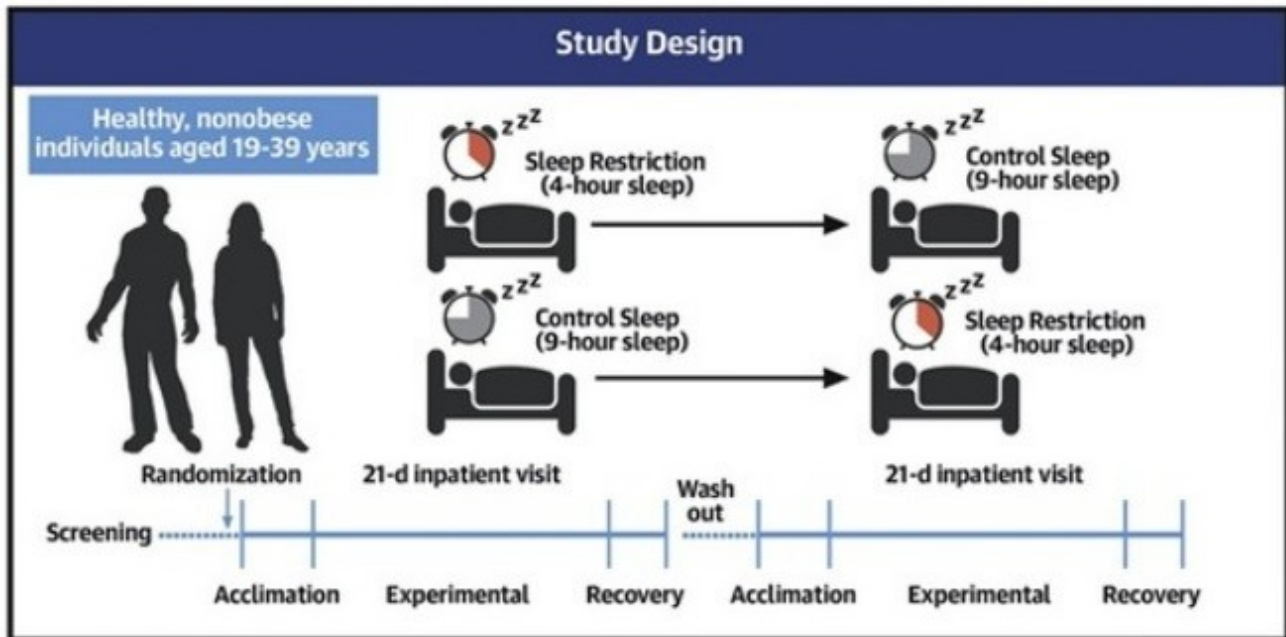


CENTRAL ILLUSTRATION: Effects of Experimental Sleep Restriction on Obesity Risk



Covassin N, et al. J Am Coll Cardiol. 2022;79(13):1254-1265.

【図表】 実験結果